
A NEW SCHOOL YEAR

BY: SHAINA SCREPNIK

This time of year,
Has come once again,
When our amazing summer,
Comes to an end.

Days at the beach,
Replaced with Sunday night homework.
And our parents are yelling,
Because we do no work.

But of course, we all know
We love all our friends
And now we see them every week
To remind them to pay back money we lend.

We may feel overworked,
And filled with stress,
But we also have good days
Where we can just rest.

School's not all bad,
That, we all know.
We have people to support us
Wherever we go.

So get rid of that frown,
And remember it's not so bad,
Know you're not alone,
And don't feel sad.

A HEART LIKE NO OTHER

BY: SALIMA LAFRENIE

A heart like no other was given unto me

It was God who chose this to be

He took great care in my creation

And smiled upon me without resignation

When the deed was met with great perfection
He sent me down here but forgot to mention

What I was to do with this memory
Then silently He whispered, "Live for Me"

So with this in mind I left filled with intent
That somehow, someday I'd know what He meant

When I entered the world I hadn't a clue
What He supposed I was meant to do

With such a heart that was so new
But then He whispered "I'll help you"



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MOVIES OUT THIS MONTH

BY: MEGAN MURRAY

There are always those days, it's the weekend and you and your friends have nothing to do. Homework is done, you've sat around listening to music, there's nothing on TV. How about going to see a movie in theaters? Here is a list of the movies that are coming out this October.

Frankenweenie was released on October 5th; this unique twist on Frankenstein by director Tim Burton should be great for a laugh with either friends or family.

Taken 2 also came out on the 5th of October. This action packed sequel to Taken stars Liam Neeson and Maggie Grace in a movie about a retired CIA agent who has to save his daughter from Albanian kidnappers.

On October 12th, the comedy Here Comes the Boom starring Kevin James, Salma Hayek and Henry Winkler will be out in theaters. In the comedy a 42-year-old biology teacher in a failing high school begins to raise money by moonlighting as a mixed martial arts fighter when the school threatens to cancel the music program.

Alex Cross, an action/thriller starring Tyler Perry and Matthew Fox, will be coming out on the 19th of October. A homicide detective/psychologist meets his match in a serial killer. The two face off in a high-stakes and high-risk game, but when the mission gets personal, Cross is pushed to the edge of his limits.

Chasing Mavericks will be coming out on October 26th. This is a sports drama based on the true story of surfing icon Jay Moriarty, starring Gerard Butler, Elisabeth Shue and Leven Rambin. This tells the story of a young man's quest to surf Northern California's most dangerous wave, and the local legend who takes him under his wing.

I hope that one or more of these movies caught your interest and might help to stave off boredom on long weekends with nothing to do.

Inside This Issue

- Interview with the co-presidents
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...and much more!

INTERVIEW WITH THE CO-PRESIDENTS

AS TOLD TO SAVANNAH VOLL & MEGAN MURRAY

Interview Questions

1. What was your first reaction when you found out you were going to be president?
2. What made you decided to run for office?
3. What are you most excited about implementing this year?
4. What are some of your other ideas that were on your platform?
5. As president, what is your typical day like?/What are you required to do for the position?
6. "What would your advice be for people who are considering running for SAC President in the future?"
7. Is there anything you'd like to say to the students and staff at SMH?

Mike Hennessey

1. I was excited. Although I didn't know exactly what I was in for, considering it was all new to me, it put a smile on my face. Knowing that I will have a high influence on SMH events seemed fascinating to me in the sense that I will have the ability to improve and incorporate more school spirit into those school sanctioned events, bringing to the table what students actually want to see!
2. The reason I wanted to run for office was simply because I wanted to try something new in my high school career. I believed that I would be a valuable asset to the council and our SMH community with my ideas that need to be shared, and passion of making people satisfied.
3. Overall, I am looking forward to fundraisers and future dances we host. Fundraising for charities is essential in a catholic high school and with our population we can achieve fantastic results. I plan to make people aware of what their money is going towards and encourage students to acknowledge how much we have in our lives to give to the needy. After the success of the opening assembly and our neon night niner dance we've started to grasp how much work is put into planning events for the student body. However in the long run, it is worth it every time and I guarantee each semi-formal will be better than the last!
4. In all honesty, the ideas in my platform then have completely transformed to what is in my head now. Every time the council brainstorms for student activities my ideas morph by the second. With this in mind, I will be sure to tell the student body exactly what we're doing and why which will always include the factor of bettering ourselves.
5. The role of being Co- President consists of a lot of hard work, none the less is very self-rewarding. We attend meetings regularly to discuss upcoming events with the rest of the SAC team and constantly will be sharing ideas as well as supporting one another when work needs to be done. Not only do we deal with our own school, but meet without presidents throughout the school board and are currently working on a project that all schools in the catholic board can attend and participate in.
6. My advice for anyone planning to run for co-prez or especially student council in the future is simply to go for it. There is nothing to lose so why not? Although it can be difficult at times you learn that you're taking on the challenge of being something more than average to make people happy. You distinguish yourself as a leader yet stay well connected with your friends and peers while staying happy yourself. If you can do just that and more, than be the best you can be and sign right up.

Jaime Downey

1. After finding out that I was going to be president, I was excited for the upcoming year along with the events that would soon unfold. I was enthused to be working alongside a team of outstanding individuals, where together we would tackle and pursue new challenges and tasks we were confronted with.
 2. My initial motivation for running for co-president was based on my role as Junior Representative in grade eleven. Through participating in student council, I recognized the importance of speaking out on behalf of the student body; I believe that I could be this voice for the students, making their opinions heard. I want every student at St. Mary's to feel a sense of belonging, where they enjoy coming to school each day, making SMH a place everyone is proud of.
 3. This year, my goal is to make St. Mary's a place where each student strives to reach their full potential through taking risks and making mistakes along the way. I am looking forward to the upcoming coffee houses and semi formals, where we will raise money and awareness for local charities and organizations, working towards meeting the needs within our greater community. Various fundraisers will continue to take place, providing students with the opportunity to participate and become more involved within the SMH community as well.
 4. This year, my goal is to bridge the gap between academics, athletics, and extracurricular activities, securing interconnectedness within our St. Mary's family. One of my objectives is to obtain bleachers this year for the lower field, promoting sprit building activities where the student body can support and cheer on their fellow eagles to victory.
 5. As co-president, it comes with a great deal of hard work and responsibility. One oversees that the tasks and roles of student council are successfully met. A great deal of preparation and planning goes in to each event and activity such as coffee houses, semi formals, and assemblies. Co-president is an extremely rewarding job, enabling one to learn and uncover more about themselves through the interaction and collaboration with their peers.
 6. The advice I would give to a co-president candidate would be to simply go for it! Be honest with yourself and understand the reasoning as to why you would make a great president. These motives will be outlined during your campaign, and your honesty and integrity will be reflected to the student body. Believe in yourself, and know that you have the ability to affect change.
 7. If you want something, go for it! Nothing is impossible, and together we have the capability to affect a transformation within our school and greater community. We will all face struggles and challenges along the way, but overcoming these obstacles in life makes us that much stronger. Lean on one another for guidance and support along the way, and know that you will always have a place in the SMH family.
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HALLOWEEN FOR HUNGER

BY: ASHARA MEIDELL

Typically Christmas is the time of year that focuses on being kind to one another and giving donations to those in need. But what about the rest of the year? Halloween is one holiday that is surrounded by “getting”. Everyone wants to get recognized for best costume. Everyone wants to get invited to a Halloween party. Everyone wants to get the best candy or get the biggest bag full. Even parents want to get their kid to the most number of houses to make them happy. In the midst of all this “getting”, people seem to completely forget about giving. Over 800,000 people use the food bank every month and approximately 2 out of 5 of them are children. There are so many kids out there who instead of unhealthy candy simply want a nutritious meal to eat. This year, anyone can help out to get those kids some food this Halloween. The Free the Children organization started an event known as **Halloween for Hunger**. All you need to do to participate, is go trick-or-treating, but instead of asking for candy, ask if they would donate a non-perishable food item. All donations will be collected and taken to the K-W Food Bank.

If you would like to learn more about **Halloween for Hunger**, or would like to participate, come to a Social Action Team Meeting in room 311, Wednesdays after school for more information!



BREAKING AMISH: REAL OR FAKE

BY: MIKAYLA CALLERY

If you haven't seen the first couple of episodes, *Breaking Amish* (played on TLC) is a show about four Amish people and one Mennonite who leave their lifestyle to travel to New York City and experience an “average American lifestyle”. Throughout their journey they have many “firsts”. From first plane ride, to first taxi ride, it really is an interesting view into the life of the Amish.

But, what is speculating now is that the T.V show is staged and these people “broke Amish” a long time ago.

A Facebook page entitled “Breaking Amish: The Truth” is claiming there are many lies told on the show about the characters back stories. It is posting photos of the characters before the show was taped, dressed in modern clothing.

One of the characters “Jeremiah” has supposedly left the Amish lifestyle over 10 years ago, has gotten married, then divorced, and has 3 kids.

It also claims that the characters “Abe” and “Rebecca”, which on the show are seen crushing on each other are a couple in real life that even have a baby together.

The character “Kate” uploaded a photo of herself smiling to a modeling agency website for a “Best Smile” contest in 2010. This was surprising because photographs are supposedly against the Amish lifestyle. It is also surprising because on the show, Kate is shown struggling to work an elevator. How can she understand how to work a camera and a computer but not an elevator?

The last character, “Sabrina” (who is the Mennonite), was apparently married in 2009 and has stopped being a part of the Mennonite community for years.

There is proof of these claims on their Facebook page; including photos that they found on Facebook of Jeremiah, Abe and Rebecca (and their baby!), and of Sabrina and her husband. Kate’s modeling photo was also found on the modeling agencies website.

What does TLC have to say about this?

TLC told Variety: “There is a lot of information floating around about the group featured on *Breaking Amish*. Much of it is not true but some of it is—and is addressed in upcoming episodes.”

So... does this show deserve to be called a “Reality show”? Isn't reality supposed to be “real”?

INTERESTING FACT

BY: MEGAN G.

Abraham Lincoln and John F. Kennedy:

If you look closely, there are many surprising similarities between the two presidents.

- Abraham Lincoln was elected in to congress in 1846, and John F. Kennedy was elected into congress in 1946.
- Abraham Lincoln was elected President in 1860, and John F. Kennedy was elected President in 1960.
- Abraham Lincoln’s secretary’s name was “Kennedy”.
- The wives of both Presidents lost children while living in the white house.
- Both Presidents were shot in the back of the head.
- Abraham Lincoln was shot in the Ford Theatre. JFK was shot in a Lincoln made by Ford.
- Abraham Lincoln was shot in a theatre and his assassin ran and hid in a warehouse. JFK was shot from a warehouse and his assassin ran and hid in a theatre.

HOTTEST MUSIC

BY: MEGAN G.

Top 10 Hottest Songs of the Month

1. One More Night- Maroon 5
2. Gangnam Style- PSY
3. Some Nights- FUN.
4. We Are Never Getting Back Together- Taylor Swift
5. Blow Me (One Last Kiss)- Pink
6. As Long As You Love Me- Justin Bieber ft. Big Sean
7. Begin Again- Taylor Swift
8. Whistle- Flo Rida
9. Too Close- Alex Clare
10. Good Time-Owl City and Carly Rae Jepson

Top 10 Hottest Music of 1992

1. End of the Road- Boyz II Men
2. Baby Got Back- Sir Mix A-lot
3. Jump- Kris Kross
4. Save The Best For Last- Vanessa Williams
5. Baby-Baby-Baby- TLC
6. Tears In Heaven- Eric Clapton
7. My Lovin (you're Never Gonna Get It)- En Vogue
8. Under the Bridge- Red Hot Chili Peppers
9. All 4 Love- Color Me Badd
10. Just Another Day- Jon Secada

Not a fan of mainstream music? Check this out!

- One eskimO- One Eskimo Album
- Winter Gloves- All Red Album
- Ron Pope- A Drop in the Ocean
- David Gray- January Rain
- Graham Colton- Best Days
- Nick Drake- Northern Sky
- Kristian Leontiou- Story of My Life
- Hoodie Allen- I Am Not a Robot
- Alpha Rev- Phoenix Burn
- Naked and Famous- Young Blood

SPRING

BY: SHAINÉ SCREPNEK

The freezing weather is finally leaving us, and taking its place is the beautiful sunny weather of spring. But, winter isn't giving up without a fight; it seems that the cold weather doesn't want to leave just yet, though spring is definitely on its way.

So, what makes spring so wonderful? Well, we are finally able to come out of hibernation and get some real sunny warmth instead of the kind piped through our houses. Another wonderful aspect is that nature is showing its beautiful colours once again. Plants and animals are plentiful and we can go outside without our bulky coats. Spring just brings back that wonderful energy and warm feeling after a long winter. It's such a positive season. I mean, who can resist showing a smile while a bunny hops through their backyard? (Unless, of course, that bunny is eating your garden.) Don't get me wrong, sitting in front of a fireplace sipping hot cocoa and watching the snow fall is great, but most people can only take so much of the chilly weather, which is why I'm glad that warm weather is right around the corner.



THE AVENGERS HITS THEATRES

BY: MEGAN MURRAY

Avengers Assemble! Marvel's newest movie "The Avengers" opened in theatres on May 4th and has been a hit so far. This movie sequel to the Thor, Captain America, Hulk and Iron Man movies, more than lives up to the expectations set by its predecessors.

The Avengers bring together Captain America, Iron Man, Thor, The Hulk, Hawkeye and The Black Widow as a team to defeat Loki (the villain from Thor, as well as Thor's adopted brother) when he attempts to take over the earth and rule the human race as their king.

The interaction between the super heroes when they are first brought together is wonderfully scripted and portrayed in the movie, as well as all of the heroes interactions with Loki. All of the characters are very engaging and relatable, to quote Tom Hiddleston, "What Marvel is so clever at is that they make their hero's flawed and their villains heroic. So there are layers to everybody."

This movie is brilliantly written and directed by Joss Whedon (who also worked on "Buffy the Vampire Slayer") to balance the drama and action in the movie with humour from the characters as well as the situations presented by the path the plot takes. This translates beautifully to keep moments in the movie light-hearted, but serious in the moments and situation where it is called for.

All in all, the characterization, humour and plot in this movie make it a must see and you definitely won't be disappointed.

THE FIRST YEAR OF HIGH SCHOOL

BY: SHAINÉ SCREPNEK

My first year of high school has been such a great experience. I came in to St. Mary's so confused. I didn't even know the map of the school. All I had memorized were the routes I took to each class every day. I was so nervous I would make a fool of myself, especially when I spent about five minutes walking around the third floor searching for my class (and passing it about three times). However, the first day of grade 9 helped me to get a general idea of the school. All the students on Link Crew were so positive and inviting. It was one of the most fun days of school I've ever had. High school is definitely much more exciting than elementary school. There are obviously so many more people, so you can make a bunch of new friends, even if old friends leave. It's refreshing to have four different classes a semester, with four different teachers; no longer stuck in the same classroom with only one teacher and one group of people to socialize with.

Events over the year have been the best part of high school so far. It feels so great to be able to get involved with a ton of different actions. I joined the Social Action Team first semester and continued to be involved for the whole year. The experiences I've had were really eye opening. Every event meant you were helping someone somewhere, which felt great. One of the most memorable events was Strip the Streets. It was freezing and we were soaked. It was hard to imagine living like that every day, and it's helped me to understand how exactly I can help others. I was also able to join the SMH Edition second semester, and it has been a lot of fun for the time I've been here. I took part in other events as well, such as Challenge day and Gathering our voices. I really think that joining clubs and teams helps

make high school much more exciting and memorable. It feels better than going to class and doing homework five days a week.

My first year has been a lot of fun, but stress is difficult to escape, especially when you procrastinate; but it is the greatest feeling when everything is handed in and done with. Once you get over the assignment or test, you can move on and relax. What I've learned in the short time I've been here, is that, most of the time, if you walk away and come back to something, it becomes so much easier.

All in all, I will definitely remember my first year. I've made so many new friends and had so many experiences that I could never have had in elementary school. I've learned so many things, not only in class, but also about getting through things and getting to know people. I know that school will probably get harder, but I'm ready for it.

2012-2013 CLUBS AT ST. MARY'S HIGH SCHOOL

Club	Staff Supervisor	Meetings (Location/Date/Time)	Other
e.g. SMH Taxidermy Club	Mark Modolo	Blockline Road/every second Friday/3:00PM till dusk	The fun starts in September and finishes just before Christmas☺ All are welcome!
The Nest	B.J. York / Joanne Levato / Lisa Collins	varies	All students and staff are welcome in the Nest for games, movies, and other fun events
PRISM	B.J. York / Joni Grundy/ Dawne Robinson	varies	PRISM stands for Pride and Respect for Individuals of a Sexual Minority
US	B.J. York / Joni Grundy	varies	A meeting group for individuals who have self-identified as a sexual minority
Tech Crew	Acheson/McCarroll/ Cameron/Clinton	Thursdays Rm 133	Tech Crew supports SMH assemblies, liturgies and other special events
Media Club	Acheson/Clinton	Thursdays Rm 133	Producing videos and short films for personal interest and special events
Hypercussion	A. Macpherson	Thursdays, all year, Rm 141	Learning and performing on percussion instruments
Math Club	Dr. Chernysh / A. Macpherson / M. Hesch	Thursdays, all year, Rm 108	Preparing for math contests
Pro-Life Club	Annabel MacDonald Deborah Costa	Monthly, Mondays in chapel	Pro Life students who will participate in the 40 Days for Life Vigil as well as the March for Life Protest in Ottawa.
Investing Club	Mark Devlin	varies	Compete in Stock Market competitions
DECA	Bonnie Miniou + Mark Devlin	Thursdays in 336	Business Competitions & Conferences
Senior Band	Michelle Bergauer	Wednesday in 141 3:15 – 4:30	Performance-based band for students with experience
Junior Band	Michelle Bergauer	Tuesday in 141 7:00 pm – 8:30	Performance-based band for beginner students
Glee	Michelle Bergauer	Monday in 141 3:15 – 4:30	Performance-based group for vocalists
Pit Band	Michelle Bergauer	Wednesday in 141 4:30 – 5:30	Performance-based group for small ensemble
Mountain bike club	Mr. Acheson and Mr. Albano	Monday and Wednesday 3:30 – 4:30	Ride Ride Ride!
Squash club	Mr. Albano and Mrs. Albano	Once a week on a day to be decided by club members	Play squash at Northfield racquet club. Beginners or experience players welcome!

Outdoor adventure club	Mrs. Robinson, Mr. Hammermueller and Mr. Albano	Occasional trips into the great Canadian Outdoors	Seasonal excursions throughout the school year. Hiking, canoeing, and camping.
Social Action Team	Karen Drummond, Amanda Phillips, Deborah Costa, JP Morris	-Wednesdays -after school -room 311 -all year	Learn about social justice! Take action! We have at least one social justice initiative per month.
Triathlon Club	Shelley O'Bright Sandra Karl	meetings in May EDSS triathlon on the first Tues. of June	Open to relays or individuals
Duke of Edinburgh	Joan McCormick	Meetings a few times a semester	Students work at their own pace on bronze, silver, gold levels. Activities involve Community Service, Skill Development, Physical Rec'n and an Adventure Journey.
Environmental Club	Paul Kekish and Shelley Schindler	Meets Wed. mornings at 8:15 several times per month in room 219	Earth week, recycling, making the school green. Everyone welcome.
Blended Bicycle repair	Dave Walker	Rm 137 Wed 3pm	Bicycles are refurbished from city landfill put back into community, no experience required.
SMH Edition Newspaper	Peter Hammermueller	Rm. 210 Weds. 8:30am	Students interested in writing for the school newspaper. Everyone welcome.
SMH Board? Play Games! Club	Peter Hammermueller	Rm. 210 Thursday 3:05-4:45pm	Variety of board games from around the world are introduced and played. Anyone is welcome – no board game experience necessary.
Key Club	RoseMary Hubert Rob Hubert	Every Thursday morning 8:30 in Alumni Hall	Fundraise and provide service, build character and develop leadership within the school, and community.
Dance Team	Nina Pietroiusti	Tues and Thurs mornings 7:30 Aerobics Room	Advanced performers
Bible Study group	Chris Aultman	Tuesday 3:10 – 4:10pm in room 211	Studying the Bible and its relevance in our school community and beyond.



