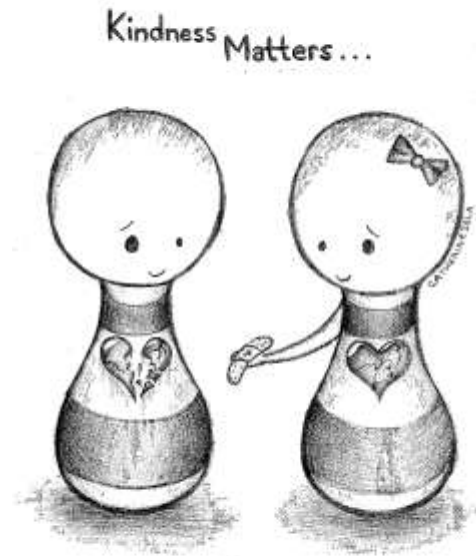


At St. Mary's High School, Kindness Matters



- Who** All staff and students are being challenged to make kindness a more conscious focus at our school. We are also hoping this extends to SMH families as well so that school and home have a common *Kindness Matters* focus! We are also providing the *Kindness Matters @ SMH* blue rubber bracelets to all grade 8's when guidance goes out to do the gr. 8 visits so that gr. 8's know what our school stands for before they get here and they know what the expectation is for how we treat one another at SMH
- What** To celebrate the kindness that already clearly exists in our SMH community and to commit to becoming an even kinder school, and to challenge students to avoid unkind behaviours, especially bullying. We are trying to influence the masses of kids who can be swayed positively in the direction of not supporting bullies i.e., get kids to avoid showing up for fights, help kids make the choice not to hop on the negative bandwagon on Facebook when mean things are posted about other kids, have kids come forward and report to admin when they hear about a fight that is to take place or about someone bullying another person etc.
- When** This entire year and extending into future years. The kick-off is Thursday Sept. 29th at our opening assembly where I will introduce the campaign to all students and Jewel's song "Hands" will be performed by a student singer. The song is set to pictures showing kids and staff being kind. The end of the song states: "In the end only kindness matters...." which will serve to reinforce our *Kindness Matters* theme
- Where** Here at SMH and hopefully extending into the homes of our students and even larger community – we hope it has "the drop in the pond" effect!
- Why** To be proactive in addressing unkind behaviour in our school particularly students who use put downs and who bully other kids. We will also tie it in with issues of stealing, drug use (which is unkind to self) and being unkind to the environment (i.e. students who leave their garbage around the school etc.) gangs etc. in addressing the students on Sept. 29th Ms. Grundy will tie the kindness theme in with the model of Jesus, a person who fully embodied *Kindness Matters*.

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