



June 2018
Volume 6 Number 4

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**Congratulations to our
retiring Eagles!**



RETIRED



*Farewell to our dear friends
Dan Hutter,*

*Doug Beaton, Jane Cowan, Brian Filbey, Eileen
McBride, and Donna Jakub*

Wishing you happiness, success and good health.

*Embrace your future, enjoy the best part
of your life.*

the Eagle's View

Chaplain's Message



Students in trees?

One of the highlights for me as Chaplain at St. Mary's and (hopefully) one of the highlights for students, are the grade 10 retreats.

I have been running them for the last 11 years (approximately 230!) and I have noticed a big change in the students and how they approach the day. Namely technology. Earlier on it wasn't an issue because not every student owned a phone (or an iPod!) But today I rarely see a student without one. I have never allowed the students to use their phones during the 5-hour retreat and for some disconnecting from their phones is extremely difficult.

This, however, is one rule I don't ever want to back down on. At Hidden Acres outside of New Hamburg my goal is to provide students with a space and experience that gives them the freedom – and most importantly – the permission they need to truly unplug and decompress. When they don't have their phones in front of them or distracting them with the constant pings, beeps and whistles, the students become grounded.

St. Paul teaches us we are one body with many parts; the students are individual body parts and put together they create their class body. When one part suffers, they all suffer and when one part rejoices they all rejoice. This positive experience happens almost every single time; they focus on their class body for one day and their own body, spirit and mind is automatically healthier.

We need to retreat – each and every one of us. By providing a truly integrated experience that nourishes both mind and body, while deepening one's sense of self without the digital distractions of being a student, the grade 10's are able to focus on the tenants of connection, rather than disconnection.

So what happens when students disconnect from technology on a grade 10 retreat? They climb trees! They hide in caves, they run through a farmer's field, and they learn without realizing they are learning that they belong to the body of Christ – His community. And the results are outstanding.

It is not just about unplugging from our phones; it is about rediscovering what happens when the students plug-in to life and reconnect with their peers. (and not worrying about who is capturing their playfulness on their phones – the memories are in their minds).

It is always a good day to belong.

God bless,

Annabel MacDonald, Chaplain





From the Guidance Wing

Student Schedules

Students will pick up their schedules for 2018-2019 on the registration days August 28 – 29th.

The first week of classes will be dedicated to supporting students whose schedules are incomplete or require changes due to summer school. These students will be contacted by their Guidance Counsellor or sent to Guidance by their classroom teacher. Additional course changes will take place from Friday September 7th to 14th. Course change forms **will be available for pick up in the Guidance office** starting Thursday September 6th. They must be **returned with a parent signature**, for course changes to be processed. The last day to submit course change forms will be Tuesday, September 11th.

Students Not returning

If your child is registered for September but has decided not to return, or to attend another high school, please contact the guidance department A.S.A.P. at **519-745-6892 ext. 5632**.

Community Service

Students are encouraged to complete their 40 hours of community service during the summer, especially if they are going into grade 12. A Community Service manual including a log record sheet is available on our St. Mary's web site under Student Services, Academic Planning and scroll to the bottom to Community Service. Please note that "volunteer" work at a 'for profit' business is **not** considered community service.

Check out the Volunteer Action Website @ volunteerKW.ca or volunteerWR.ca for great community service ideas!

Summer School Results

Summer school marks will be sent to St. Mary's at the end of August and students may pick up their results from our guidance secretary.

OUAC and OCAS.

Gr 12's – Final marks have already been uploaded to OUAC and OCAS. Students who are going to college or university in September should check to make sure their marks have been uploaded.

Counsellor by Alpha

A to C	Joanne Regan
D to F & Int'l	Joe Taranto
G to I	Lisa Collins
J to M	Nancy Arruda DeMarco
N to R	Colleen Borman (<i>1st Semester</i>) Valerie Coates (<i>2nd Semester</i>)
S to Z	Michael Ambeau

If you have questions over the summer, please call Mrs. Stephanie Groh at **519 745 6902 Ex. 5632**.



**STUDENT TRANSPORTATION SERVICES OF WATERLOO
REGION (STSWR), INC**

**130-4275 King Street East
Kitchener, ON N2P 2E9
Telephone 519-650-4934
Fax 519-650-2979**

Transportation Changes for 2018-2019 School Year

Transportation details for the 2018 - 2019 school year will be available on **Monday August 20, 2018.**

Parents can login and view your child's transportation details by going to www.stswr.ca and following these easy steps:

- ♦ Click on "Student Login"
- ♦ Enter your child's Ontario Education Number (OEN) The OEN can be found on your child's report card—Numbers only, no space, no dash
- ♦ Enter your child's birth date—dd/mm/yyyy
- ♦ Enter your house number only
- ♦ Select the school your child is attending from the drop down menu

Please note: any address changes need to be done through your school. If you are moving this summer or change caregiver arrangements for the fall, you should communicate the change of address to your child's school before the end of this school year.

You can also visit www.stswr.ca to see bus delays and cancellations, subscribe to receive e-mail notifications for late buses and closures and follow us on Twitter.



St. Mary's Students Head to the Polls—Student Vote 2018



Front left—Noelle C, Elyse M, Celine T, Angela F, Emily J, Mr. Mukhar

Back Row—Michael B, Treyvon W

On Wednesday May 30th almost 1400 St. Mary's students participated in our school Provincial Election Student Vote. The Student Vote team (pictured above) worked diligently to promote the Student Vote program to all students beginning in the second week of the semester until the week after the votes were tabulated. Candidates platforms were displayed in posters, banners and a slideshow presented in homeroom classes on election day. All these displays were created by the members of the Student Vote Team. This 2018 parallel election also utilized mobile polling stations to some classes that brought voting booths, ballots and candidate information to homeroom classes to allow the students to have the most authentic election experience in their classroom. The ultimate goal of the Student Vote Team is to replicate the voting experience to students in order build the next generation of voters and keep our valued Democracy alive for the future generations. In total, approximately 300,000 students from 2,800 schools participated across Ontario in Student Vote this election, representing all 124 electoral districts across Ontario. The final results of our St. Mary's Student Vote 2018 was somewhat reflective of what the polls are showing in Ontario's general election in June, as the St. Mary's population voted in an NDP candidate in the new Kitchener- South Hespeler riding.

See you again for the Fall Municipal Election!

Mr. Ted Mukhar





Co-operative Education At Work....



CAREER FAIR CONTEST WINNERS



Justin H, Nicole R, Sofia K, Samantha R & Fatima K

Congratulations to over 100 students who completed a successful work experience this semester and earned credits while doing so. This has been an excellent experiential learning opportunity. The Co-Op Career Fair held in mid-May allowed students to showcase their work experience and share their learning with others through a display board .



Thank you Co-op Employers




5 Star Water
 Answer Precision Tools
 Beechwood Manor
 Bendt Kitchen & Millwork
 Big Brothers Big Sisters of Waterloo
 Blessed Sacrament Elementary School
 Bowring
 Bruce Street Animal Hospital
 Canadian Forces
 Canadian Martyrs
 Canadian Tire, Retail/Auto
 Chartwell Westmount
 City of Kitchener—Engineering
 Clippers
 Dollar Tree
 Doon Village


Durin Motors
 Education Credit Union
 Family Phys Therapy and Sports
 Fix Autobody (Royal Auto Body)
 Friends Service
 Gerrie Electric
 Giesbrecht, Griffin, Funk and Irvine
 Goodlife Fitness — Williamsburg
 Grand River Hospital
 Grand River Hospital—Cancer Centre
 Grand Valley Women's Correctional Centre
 Green Lava Media
 Hallman Ironworks
 Hansma Automotive
 Holiday Inn
 Homer Watson House and Gallery

IBEW
 In the Woods
 Inspiration Dancewear
 JA Waterloo Region
 JC Mortgages
 John Howard Society
 John Sweeney Elementary School
 Just Fix It
 Kitchener Kia
 Kuntz Electroplating
 Lancaster Smokehouse
 Laurelwood Vet Hospital
 Live Electric
 Lush Woodcraft
 Microplay
 Miltera



Thank you Co-op Employers



Co-op Education Works



Specialist High Skills Major

www.hghs.ca

St. Mary's High School

Co-operative Education Department



Monsignor Haller
 Noor Custom Stairs
 One Stop Plumbing
 Our Lady of Grace
 Elementary School
 Panocap
 Party City
 Phoenix Healthcare
 Planet Fitness—Strasburg
 Rd
 Polwood Cabinets
 Scherer Chevrolet Buick,
 GMC Ltd.
 Shaver Industries
 Shopper's Drug Mart
 Sick Bay Automotive
 St. Aloysius Elementary
 School
 St. Anthony Daniel
 Elementary School
 St. Bernadette Elementary
 School
 St. Elizabeth School
 St. Mary's General
 Hospital
 St. Timothy Elementary
 School
 Station Dental
 Sullivan Automotive
 Sunny Daycare

Sunnyside Home
 Sunnyside Wellness
 Centre
 The Home Depot
 Tone-gar
 University of Waterloo
 Centre for Community

Mapping
 Victoria Place
 Walper Hotel
 Waterloo Regional Police
 Service
 Zehrs (Ottawa)





Looking for summer activities?

The Kitchener Public Library is running a Teen Summer Challenge. Check out the Teen section of KPL's website and find out about the various challenges available!

Visit: <http://www.kpl.org/teens>



Teen Summer events @ KPL

(check online for locations, dates, and times)

Fortnite: Battle Royale!

Escape Room: Zombie Apocalypse

Story Sheroes: Summer Book Club

Gamer's Club and Gamer's Meetups

Creative Clubs

Coding Clubs

Go Pro Summer Project

...and much more!

Summer Reading...

You can borrow e-books and audiobooks for free using Overdrive, even during the summer months! Find the link on the main page of the Learning Commons:

<http://vlcguides.wcdsb.ca/stmary>



Login: your school computer username
(employee# for staff)

PIN: your date of birth MMDDYYYY



At our Annual Athletic Banquet, the evening featured a catered meal, highlights and awards for all of teams.



Many staff members and students gave many hours of their time to make this even a huge success.



Congratulations to our Jr & Sr Athletes of the year
Foster M, Summer P, Tyshawn B & Nikolina L



the Eagle's View



Our athletic banquet gave us an opportunity to celebrate the accomplishments of our athletes from this past season. A big thank you to our administrative team for all of their support, Mr. Mandich and his leadership class, Mr. Acheson and his tech crew.

A special thank you to all our coaches for their hard work and dedication—without whom our students would not have the opportunity to excel.

Go Eagles!!

Congratulations to the following major award winners

Junior Male Athlete of the Year -	Tyshawn Brown
Junior Female Athlete of the Year-	Nikolina Lesic
Senior Male Athlete of the Year-	Foster Malleck
Senior Female Athlete of the Year-	Summer Pahl
Spirit Award	Nicole Stoyakovich
OFSSA Coaches Colin Hood Award-	Carol Vienneau
OFSSA Colin Hood Award – Male Recipient	Joshua Spurgeon
OFSSA Colin Hood Award – Female Recipient	Jessica Srouji
District 8 Academic Elite Award- Jr Female	Elyse Malleck
District 8 Academic Elite Award Jr Male	Jacob Lohrentz
District 8 Academic Elite Award Sr Female	Alyssa Fonseca
District 8 Academic Elite Award Sr Male	Joshua Jackson
Chris Sabourin Contribution to Athletics Award 2017-2018	Bethany Hofstetter





St Mary's Varsity Soccer

It has been an amazing year for the Girls Varsity Soccer team. Winning D8 against St. David's. Winning CWOSSA for the first time.

Also, for the first time going to OFSSA in Windsor. The girls soccer season is not yet over. It has truly been an unbelievable year.



CWOSSA
CENTRAL WESTERN ONTARIO SECONDARY SCHOOLS ASSOCIATION

We had a great season with the Senior Boys Soccer team this year. With a great group of guys that fought hard every game. The Eagles finished first overall in District 8 only losing one game during the regular season. Although we fell short in the playoffs we still qualified for CWOSSA where the team came together winning both games on the first day coming from behind in game two. In the CWOSSA semi final the team played hard with all players





St Mary's Track & Field



This was a very successful year for SMH Track & Field. At the CWOSSA Championships:

- 3rd place in OVERALL team standings
- 1st place in Boys Overall standings

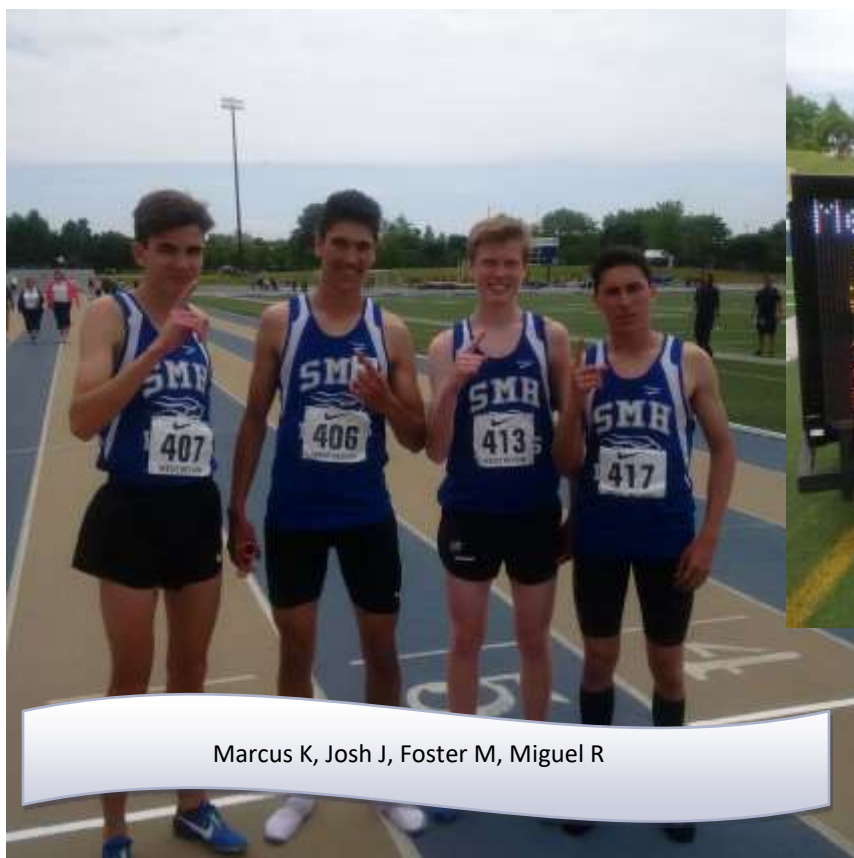
We had 5 individual Gold medals total and 3 running events where St. Mary's Boys finished 1-2!

- Our Jr. Girls 4 X 100 Relay team finished second
- Our Boys 4 X 400 Relay team finished first
- A total of 17 athletes moved onto OFSAA West in Windsor.

At OFSAA West Track and Field this past weekend: we had a number of great performances against some exceptional competition over the two day meet. Here are some of our accomplishments:

Marcus Kemp - finished 1st in the 1500m and 3000m
Foster Malleck - 2nd in the 1500m and 4th in the 3000m
Miguel Robles - 4th in 400 M. Hurdles
Kohl Grevenstein - 4th in High jump

Our Boys 4 X 400 team won Gold, defeating a very tough field of teams. This is made up of Marcus, Foster, Miguel and Josh Jackson. All of these athletes will move onto OFSAA at York University



Marcus K, Josh J, Foster M, Miguel R





St Mary's AP Program

St. Mary's Advanced Placement (AP) program is growing! This year a record number of students wrote Grade 12 AP exams in 7 subject areas. Advanced Placement (AP) is an internationally recognized program that allows students to enrich the Ontario Curriculum with the goal of achieving university accreditation while enrolled in high school. The enriched AP curriculum is defined as an audited body of measurable knowledge and skills that extends beyond the Ontario Curriculum Expectations and provides highly able students with the rigor needed to succeed in post-secondary studies. Pre-AP courses are offered in grades 9 – 11. AP courses are offered in grade 12. They are audited by the AP College Board and include writing AP exams in May. The St. Mary's AP program has expanded to include a full complement of courses in English, French, Math and Science. This year 66 exams were written in these subjects as well as AP Physics, Psychology and European History. AP provides topics and material studied in greater depth, enriched learning opportunities, thought-provoking discussion, and interaction with other motivated learners. The focus is not to create more work, but a different kind of work that challenges a student's higher order thinking skills. Students are encouraged to *Enrich Their Lives* by signing up for this stream of study.

Jon Zagaja & Frank Wittman





YPI—St Mary's



This is a result of the Youth Philanthropy Initiative, or YPI, which “promotes a sense of responsibility and a commitment to growing compassionate communities”, and gives students a chance to support charities and causes of their choice. A contest is held at the end of the year, and **Nikolina Lesic** passionately and actively promoted her choice of charities.

Anselma House is part of Women's Crisis Services, whose two shelters help almost 500 women and children every year make a new start in life, and help another 870 through their outreach programs. They have been a part of our Region for forty years, and work to “empower women to move beyond abusive and violent relationships”. This donation from St. Mary's will help women and children in violent and abusive relationships move on and create a better life for themselves.

Congratulations to Nikolina for all of her hard work, and to all the participants who helped to raise awareness of all the things that go on in our community to make it a better place for all!



Women's Crisis Services
of Waterloo Region



SMH RELAY FOR LIFE A HUGE SUCCESS!



The first ever SMH Relay for Life was a huge success! Over seven weeks, 296 staff and students worked hard to raise funds towards our goal of \$30,000 in support of the Canadian Cancer Society. We never could have imagined that we would not only achieve our goal, but crush it in true Eagles style! Together, St. Mary's raised **\$48,435.39** for the Canadian Cancer Society and we are so proud of our school community! On May 11th, we came together to celebrate our survivors, remember those we have lost to cancer, to fight back against this disease, and to bring hope for the future.

Thank you to our generous sponsors, volunteers, donors, and participants - without you, this event would not have been possible! We can't wait to see you at Relay next year on **May 24, 2019!!**



Our SMH survivors inspire us!



Relay for Life opening ceremony



Ciara Edwards showing her spirit!



Closing ceremony celebrations!



Dates To Remember

August 22 & 23

Head Start—Group 1

August 27 & 28

Head Start—Group 2

August 28 & 29

Registration

All students—9-3:00pm

Triple Gym

Student Card Photos

August 30

Link Crew 9-2pm

September 3

Labour Day— no classes

September 4

First Day of Orientation

9:00 – 1:15pm Gr. 9 - Gym

1:15—3:10pm All grades—

Altered timetable

September 5

First full day of classes

Full Uniform

September 10-14

Niners week

September 14

Niner Assembly

P1 Cafe

Link Crew **Niner** Dance

7-10pm—Cafeteria

September 17

Terry Fox Run

September 21

PD Day—no classes

September 24

School Council Mtg.

6:30-8:30pm

Board Room

October 5

Academic Awards Evening

October 8

Thanksgiving Holiday

October 11

Opening Liturgy—P.2

Photo Retake Day

Upper Forum

October 12

Opening Assembly

Gyms—P.1

October 16

Canadian National Math

League Contest

P.1—Cafeteria

October 25

Student/Parent/Teacher

Conferences

October 26

PA Day-no classes

November 11

Remembrance Day

November 14

Grade 8 Day

Take your Kid to Work Day

November 15

Semi Formal

November 16

PD Day

No classes

For more information, check out our school calendar at

<https://stmary.wcdsb.ca/calendar/>