

April, 2023 Volume 15 Number 3

Features

P. 2....Letter from Admin

P. 3..... Deacon's Bench

P. 4-5Guidance Wing

P. 6..... Learning Commons

P. 7.....SHSM

P. 8.....Relay for Life

P. 9-10 SAC

P. 11.....Athletic Page

P. 12.....School Happenings

P. 13.....Dates to Remember

St. Mary's - RELAY for LIFE Friday, May 26th, 2023







MESSAGE FROM ADMIN

To our St. Mary's Families -

We hope this message finds you well and awaiting some more permanent sunny, warm days ahead!

The current week of May 1st is the start of Catholic Education Week and Mental Health Week.

We are Many, We are One is the theme of Catholic Education Week.

"We, who are many, are one body in Christ, and individually we are members, one of another." (Romans 12:5)

When we see, when we reflect, when we learn, when we act – our community sees the success of each. We continue to rejoice in the positive relationships to support the success of our Eagles. On Wednesday May 3rd, we were able to celebrate together in faith as we gathered together for mass. This week also welcomed some wonderful guest speakers to share faith and mental wellness activities. We are excited to continue to journey together in faith and celebrate in love and hope. #WCDSBAwaken

Last week, we experienced the joy of SpongeBob the musical! Our incredible cast and crew shared a delightful display of talent, energy and enjoyment. Our students were fabulous, and the set design was outstanding. It was an amazing amount of work in creating the stage for SpongeBob and seeing the result was incredible. We welcomed many elementary schools along with parents, friends and families to St. Mary's to enjoy the show and multiple audiences loved every aspect! What is unseen is the journey and extensive commitment it took to get to the awe of the show. We are grateful and thank all involved! Congratulations on a successful show!

We are only eight weeks away from our final school day of the 2022-2023 school year and while there is much work to be done, we know time will move quickly. Our senior students who are applying to post-secondary schools have just had their semester two mid-term marks submitted to the colleges and universities and wait to hear from potential schools. We wish all our graduating students the very best as they continue to make decisions for the future beyond high school. Please continue to seek out support from the staff at St. Mary's as you work through this decision.

Additionally, many events are happening in the coming weeks. Our annual Relay for Life event takes place on May 26^{th} from 10 am -5 pm. We are excited to once again honor those who have had their lives affected in countless ways by cancer. Please check our school website for further details.

Into the month of June, we will celebrate together our grad breakfast and liturgy for the Class of 2023. Two full school BBQs and days of celebration will take place on May 19th and June 19th, along with year-end banquets and assemblies.

We are grateful for the support and connection with each of you and all you offer in partnership with our community to work together towards the success for each and a place for all. St. Mary's is a community that is rooted in faith, who learns in love and is dedicated to excellence.

We hope you and your family remain well! God Bless each of you and your families!

The St. Mary's Administrative Team

Michael Ambeau, Delmar Borba, Kevin Hinsperger, Luisa Vona, Deanna Wehrle



From the Deacon's Bench...

Deacon Ed MacIntosh









Lent was truly a time for our students and staff to prepare, through our Morning Prayers and other in-school activities, for the coming celebrations of the Easter Season.

Our Chapel and the classroom Prayer Centres are now decorated with white cloths and will remain until the end of the Easter Season on Pentecost Sunday in June.

We are looking ahead with excitement to Catholic Education Week in the first week of May. We are very excited to have Ryan Herljac as one of our guest speakers this year. Ryan is the founder of "Ryan's Well" and has done great work around the world in the area of clean water initiatives. He has been featured on the Oprah show and will join us virtually on the Thursday.

We will celebrate with a two Masses in our Gyms with Father Vivek from St. Anthony Daniel Parish as our Celebrant.

May God continue to bless you and our entire Eagle family in a special way during the Easter Season.

Alleluia! Alleluia! Amen.

Mary, Mother of God; pray for us!!

Deacon Ed





FROM THE GUIDANCE WING

Course selection

Students have now entered their course selections for next year. They were directed to check requirements for both their 'diploma', and 'Red Seal' if they are in High Skills Major, in addition to their post-secondary requirements myBlueprint has links to this information and research.

Please note students will receive confirmation of course selections for next year with their semester 2 midterm report card. Students who wish to make changes to their course selections need to request a guidance appointment through the school website by the middle of May.

Summer school

Students who wish to take summer school can still sign up directly at https://stlouis.wcdsb.ca/summer-programs/summer-credit/. Students will need their OEN and their guidance counsellor's email address. Students who wish to take a summer school course from another school board need to register through their guidance counsellor. Please make an appointment.

Applied to a university or college for September?

A good idea is to continue to track your application process. Students should go into their online college/university application to check that their marks are loaded accurately.

Community service hours

In order to graduate in June, grade 12 students have until April 30th to complete their 40 hours of community service. All community service hour information including a link to submit them electronically can be found here: https://www.wcdsb.ca/our-schools/student-community-involvement/

For all other students who are looking for volunteering ideas: https://volunteerwr.ca/

Interested in coming back for a 5th year?

For students who have applied to college or university but who have now decided they would like to return to St. Mary's for an extra semester - please request a guidance appointment in May to pick courses.





FROM THE GUIDANCE WING

- Continued

Convocation for the class of 2023 Thursday June 15th, 2023 Centre in the Square

Centre in the Square requires that all seats are assigned to audience members – tickets will be specific to rows and seat numbers for each student ticket pack. SEATS WILL BE ASSIGNED BASED ON ORDER OF FEE PAYMENT, and each student who is attending will have 4 family tickets.

Special Seating Requirements – for guests requiring assistance or special seating (wheelchair access, mobility, visual or audio proximity) please contact the main office to request this. For more information visit our school website:

https://stmary.wcdsb.ca/student-supports/convocation/convocation-information/

Graduation Community Awards

Applications for awards are due April 30th.





Make Citation Creation Easy with Online Databases

St. Mary's Library Learning Commons with Christine VanderHeide, St. Mary's Librarian

Creating citations and a reference page can be overwhelming at first. The WCDSB and St. Mary's HS provide access to many high-quality databases that can make your research easier, and this includes citing your work.

These databases provide:

- Free access to articles that often require payment if accessing through Google.
- Quality information curated by information experts.
- Current content that is updated daily.
- Offers both in-school and off-site access (off-site passwords can be found here: https://bit.ly/SMHSLoginsInternal; these are for St. Mary's staff and students only).
- Tools to generate citations quickly and easily.

To create citations for resources from our research databases:

- Use the database's search box to find a resource (article, ebook, news, etc.) and click the title to open the content.
- Find and click the "Cite" tool icon on the page (its location depends on the database you're using).
- In window that pops up, choose the style of formatting requested/suggested by your teacher (APA, MLA, Chicago, etc.).
- 4. Copy and paste the citation into your assignment's reference list.

For example, for **Gale Power Search/Databases** you can find the Cite tool on the upper right section of the article/resource you are trying to cite:

■ Library Menu. St. Mary's High School ATE English G Sign in with Google C GALE POWER SEARCH Advanced Results Search... Q Advanced Search Search Download Print Get Line

For more support with citations, visit the "Research Help" tab of the school library website: https://vlcguides.wcdsb.ca/stmary/researchhelp, email Ms. VanderHeide your school librarian (christine.vanderheide@wcdsb.ca), or visit her in the school librarian's office.

Database:

an organized collection of information.

Our research databases include articles, e-books, videos, images and more.

Find St. Mary's research databases on the "Reliable Online Information (Databases)" tab of the school library website:

https://vlcguides.wcdsb.ca/st mary/databases







At the end of March, St Mary's students took part in the Regional Skills Ontario Competition for the Job Interview scope. This competition consisted of a submitted resume and cover letter along with an interview. The top two students move onto Provincial Skills Ontario in Toronto at the beginning of May. Congratulations to the following students who were in the top 3:

- Gold Paige Spehar
- · Silver David Barrios Rozo
- Bronze Jonathan Lepieszko









RELAY FOR LIFE

Relay # Life Canadian Cancer Society



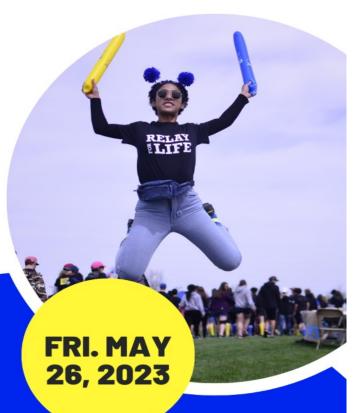




RELAY **FOR LIFE**

Let's come together to help reach our goal of \$70,000 in support of the Canadian Cancer Society!





EVENT HIGHLIGHTS:

FREE BBQ lunch Food trucks Team challenges

DJ

Photo booth Talent show

Luminary ceremony

Inflatable sports Jumbo games Face painting Raffle table Cake raffle Theme laps

Survivor lap

MUST RAISE \$50 MINIMUM

REGISTRATION CLOSES - MAY 4

\$20 TO REGISTER

To register or donate, please use the website below:

http://relayforlife.ca/stmaryskitchener





Student Activity Council

Check out what SAC has been up to lately!



START OF SPRING





\leftarrow SMH BLUE OUT \rightarrow

Boys Basketball D8 Finals were held at St. Mary's this year, so we all got together to support our teams!!

Eagles dressed in blue to cheer on our teams, and the dance team who performed at halftime!

Congrats to the Senior Boys Basketball team for winning D8 and CWOSSA

← Some of the important topics we highlighted in February and March! →

Black History Month & Black Mental Health Week

In February we recognize and celebrate the significant accomplishments, contributions, and influences black leaders, artists, activists, and academics.

We also highlight the impact racism and systemism has had on their mental health.

International Women's Day

March 8th is International Women's Day when we acknowledge the achievements and progression in gender equality.









Student Activity Council

Check out what SAC has been up to lately!

← Rock Your Socks Day →

World Down Syndrome Day, March 21st, is all about bringing awareness to those who live with and support those who have Down Syndrome.

We showed our support for the special education classes at SMH by wearing our funky socks!









← Easter Celebrations at St. Mary's →

We promoted lent, Easter, and the shared religion of the community at St. Mary's through activities the week before Easter to bring us all together!



We held the annual Easter Food Drive, the donations being sent to Spoon and egg run in the cafeteria

Egg hunt in the first period class

Mini Egg guessing game (guess how many eggs are in the jar)

Spec Ed classes decorated Easter eggs







the Eagle's View



Athletics Page



Swim team at OFSAA



Senior Boys' Basketball team OFSAA Championship



Badminton team



Boys Hockey team









School Happenings



Dates to Remember



May 1 May 25 June 15

Administrators Day Grad Retreat Convocation at Centre in the Square

May 1-5 May 26

Catholic Education Week Relay for Life June 19
Year End BBQ

May 3 May 29

CSAC Parent Night 6-8pm Catholic School Advisory Council

Father's Day

May 4

May 30

Mid-Term Report Distribution Grad Breakfast

June 2

(period 1)

Victoria Day

May 11 PA Day
Full Disclosure

June 7

May 14 HAPPY Year End Liturgy Mother's Day

June 8

May 17 Year End Assembly
Dress Down Day

June 13

May 22 Athletic Banquet

SEMESTER 2 Final Evaluations: Grades 9 to 12

Final Evaluations: Grades 9 to 12

June 22	June 23 (E)	June 26 (E)	June 27 (E)	June 28 (E)	June 29 (E)
I/E Day	Evaluation Day	Evaluation Day	Evaluation Day	Evaluation Day	Credit Rescue
Period 1	Period 2	Period 3/4	Period 5		
12:55 – 2:55 pm	9:00 – 11:00 am	9:00 – 11:00 am	9:00 – 11:00 am	Credit Rescue	
AM – Classes (Pd 2, 3/4, 5)	PM – Credit Rescue	PM – Credit Rescue	PM – Credit Rescue		

Tathere's

Check the school calendar on St.

Mary's website for changes and

updates!

June 18

