St. Mary’s Presents

An evening with
Dr. Alison Yeung, M.D.

Thursday, May 9th, 2024
@ St. Mary’s High School

5:30 pm
Refreshments

6:00 pm
Live Virtual Presentation
w/ Dr. Alison Yeung
(Alumni Hall)

SMARTPHONES, SOCIAL MEDIA &
THE MENTAL HEALTH EPIDEMIC

Topics include:
- Current state of youth mental health
- Social Media: The Association
- The role of Dopamine
- Signs & Symptoms of overuse/addiction
- Healthy Boundaries for Tech

Please register below to attend

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